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During my time as a professional at the Alzheimer's Association, I have met many wonderful families in the Delaware County community that unfortunately, have been inflicted with this terrible disease. It is a difficult journey for both the person diagnosed and their care partners. It can be an emotional roller coaster for these families and the hardest job, as a caregiver, that no one chooses to sign up for. **It is through the funding of SourcePoint that the Alzheimer's Association is able to offer a variety of needed programs that support these families.** Programs that are for both the care partner and the person living with dementia that include providing education and support, care consultations in the home and early stage programming.

One early stage program offered in particular, is the Day out Club. This is a social engagement group for people who have been diagnosed with Alzheimer's or other dementia. While meeting with these individuals prior to joining, often times, there is depression, isolation, low self-esteem. The goal of the group is to provide joy and social interactions through meaningful activities. The reward for me, as a leader, is witnessing their beautiful smiles and infectious laughter while interacting and supporting one another. Here are some quotes from our members regarding the group and its value to them: "This group brings me happiness every Monday." "These weekly sessions reduce isolation. It gives me something to look forward to in an otherwise string of boring, non-productive days." "My Day out Club is extremely important to me-my main and only opportunity for social activities." "We, as a group, have formed a comradery with each other. We understand each other's struggles and anxieties. Sometimes, our families and friends don't understand that we are the same persons we always were with a few 'minor changes.'" "The value---MUCH JOY FOR ME."

PLEASE VOTE YES FOR SENIOR SERVICES ON MAY 8.


Yvonne Fisher
Delaware County Coordinator